



FEBRUAR 2026

WOCHENPLAN YOGA

MONTAG 17:30 - 18:45 – HATHA YOGA

DIENSTAG 17:30 - 18:45 – YOGA AND DANCE

MITTWOCH 17:30 - 18:45 – HATHA YOGA

DONNERSTAG 18:30 - 19:45 – YIN YOGA

SAMSTAG 10:45 - 12:00 – HATHA YOGA

SONNTAG 19:00 - 20:15 – YIN YOGA

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